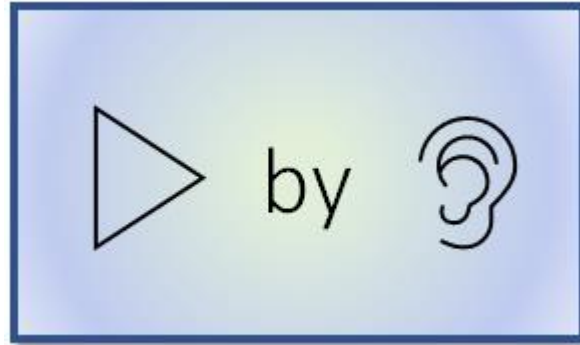


Becoming a Melody Player



Part I – Learn How to Learn

Review – Homework From Last Week



- Did you do your homework? How did it work out for you?
- What seemed difficult? What got easier with time?
- Did anyone use a metronome?
- Did anyone use the Strum Machine app?
- What tips do you have for the group?

Preview of This Week



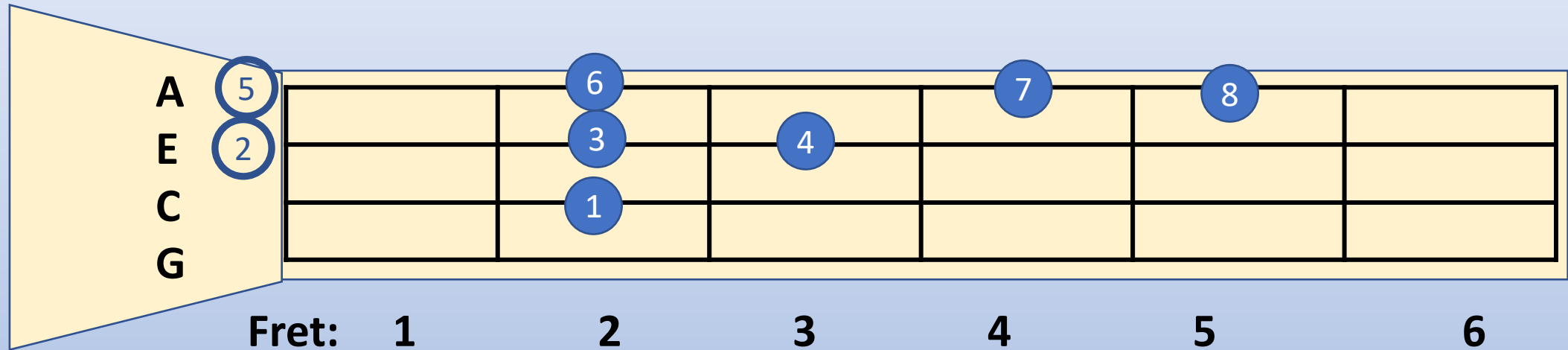
- Everyone:
 - This week, we will review the three scale exercises
 - We'll play the "Echo" game
 - We will play some simple melodies you already know
- Students can choose:
 - Additional / detailed assistance with scales and exercises
 - Learn an additional melody by ear
- Note that everyone will get the same lessons – just at a different pace.

D Major Scale Exercise #1

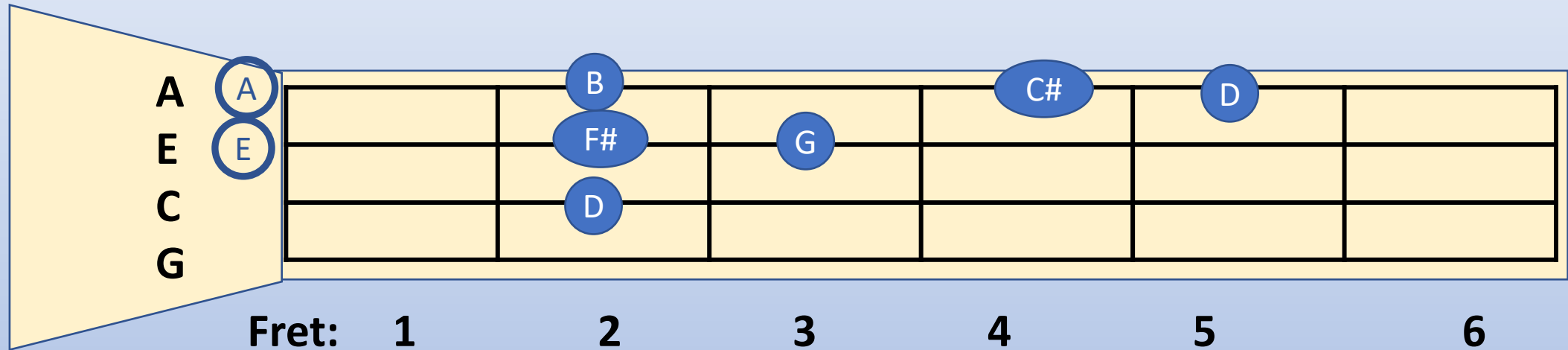


- Let's begin with the well-known scale exercise: Playing the major scale up and back down.
- Don't worry about note names or sharps and flats. We'll play and sing the "degree" of the note – 1, 2, 3, 4, 5, 6, 7, 8 and back down.
- Because we play so many songs and tunes, we'll use the Key of D for our first example.

Uke – D Major Scale Exercise #1



Uke – D Major Scale Exercise #1



D Major Scale Exercise #2



- Play an ascending pattern that goes up and back down five notes at a time:
- 1-2-3-2-1, 2-3-4-3-2, 3-4-5-4-3, ...
- Sing it with me before we play it
- Playing this exercise will teach your brain and fingers to hear where the notes are on the fretboard.



D Major Scale Exercise #3a

- Play an ascending pattern that uses consecutive notes (intervals of major seconds) and jumps notes (intervals of major thirds).
- The magic pattern is: 1-2-3-1, 2-3-4-2, 3-4-5-3... and so on
- Practice this 10 minutes a day and I PROMISE that you will find melody playing easy after one week of practice.
- Practice until you can play this pattern without thinking about it or looking at your fingers. (Two to three weeks of daily practice).



D Major Scale Exercise #3b

- Play the descending pattern that is the reverse of the ascending pattern we just learned.
- The pattern is: 8-7-6-8, 7-6-5-7, 6-5-4-6 ... and so on
- Sing it first before playing it. You may find it easier to sing “la-la-la-la” instead of the numbers.

Echo Game: Listen and Play Exercise #1



- Let's play "follow the leader" - I'll play a short phrase of 3 or 4 notes, then you repeat it back to me.
- Go "up the stairs" 1-2-3 2-3-4 3-4-5 ...
- Go back down: 5-4-3 3-2-1 8-7-6 ...
- "Jump two stairs": 1-3-5 2-4-6...
- Arpeggiate!: 1-3-5-8 8-5-3-1



D Major Scale Example Songs

- Let's play two simple songs that you already have memorized:
- Example #1: Row, row, row your boat
- Example #2: Twinkle, twinkle little star

Student Options



- Yoga Studio with Rachel: Detailed teaching on scales and exercises
- Sanctuary with Jeff: Learn and play new melody(ies) by ear



D Major Scale Example Songs

- Example #3: You are my sunshine
- Example #4: Sloop John B. (aka Nassau Bound)
- Example #5: Country Roads (chorus)

Homework!



- Practice at least 10 minutes a day, every day.
- Practice scale exercisers
- Play SONGS and have FUN!